

**LACKAWANNA-SUSQUEHANNA COUNTIES
MENTAL HEALTH/MENTAL RETARDATION PROGRAM**

CORE TEAM

**Core Team Report
FY 2008-2009**

**Presented to the
Advisory Board of the Lackawanna-Susquehanna Counties
Mental Health/Mental Retardation Program**

January, 2010

LACKAWANNA-SUSQUEHANNA COUNTIES
MENTAL HEALTH/MENTAL RETARDATION PROGRAM

CORE TEAM

DESCRIPTION OF SERVICES

The Core Team is a supportive service, which had been provided by the two (2) Base Service Units, Scranton Counseling Center and NHS of Northeastern Pennsylvania for behavioral supports. The medical supports are provided by the Health Care Quality Unit (HCQU). Beginning in June of 2009, responsibility for the behavioral supports was transferred to four (4) different provider agencies including Human Resources Center, Keystone Community Resources, NHS and Step-by-Step. The behavioral support data in this report represents information received from Scranton Counseling Center and NHS prior to this transfer. As a result, some data for the month of June is absent from the behavioral data for this fiscal year.

The behavioral support is a service for individuals who need assistance in interacting productively in the physical and social environments in which they are involved. An individual's behavior is the expression of their hopes, dreams, fears, anxieties, and priorities. It may be influenced by their knowledge and experiences, and mental and physical illnesses. It may be challenging when it does not conform to generally accepted social conduct.

The behavioral support service includes functional assessment for supporting individuals in the environments in which they interact and training/assisting individuals, staff, and significant others in implementing the strategies.

The medical support is a service which is used primarily as a resource to providers of residential mental retardation services. The focus of this resource is on the monitoring of health status and health promotion of the individuals being served. This includes ensuring that annual medical exams are conducted, reviewing medication logs, and participating in the individual's annual planning meetings. In addition, medical support serves as a resource to locate physicians, facilitate any necessary additional medical supports, facilitate transitions back to the individual's residential site following hospitalizations, and provide training and other resources to care providers.

LACKAWANNA-SUSQUEHANNA
 MENTAL HEALTH/MENTAL RETARDATION PROGRAM
 CORE TEAM REPORTS
 FISCAL YEAR 2008-2009

TABLE I: NUMBER OF PERSONS SERVED

During Fiscal Year 2008-2009, the Core Team provided medical and behavioral services to 385 persons. Those served resided in both Base Service Unit area's of the Joinder; 220 (57.1%) in BSU I and 165 (42.9%) in BSU II.

TABLE I
 FISCAL YEAR 2008-2009
 NUMBER OF PERSONS SERVED

FISCAL YEAR	TYPE OF SERVICE		
	MEDICAL	BEHAVIORAL	TOTAL
FY 2008-2009			
JOINDER	237	148	385
%	61.6%	38.4%	100.0%
BSU I	128	92	220
BSU II	109	56	165
Upper Lackawanna	78	32	110
Susquehanna	31	24	55
FY 2007-2008			
JOINDER	225	166	391
%	58%	43%	101.0%
FY 2006-2007			
JOINDER	177	175	352
%	53%	47%	100.0%
FY 2005-2006			
JOINDER	174	154	328
%	53.0%	47.0%	100.0%
FY 2004-2005			
JOINDER	231	173	404
%	57.2%	42.8%	100.0%
FY 2003-2004			
JOINDER	181	178	359
%	50.4%	49.6%	100.0%
FY 2002-2003			
JOINDER	254	176	430
%	59.1%	40.9%	100.0%
FY 2001-2002			
JOINDER	234	176	410
%	57.1%	42.9%	100.0%
FY 2000-2001			
JOINDER	168	163	331
%	50.8%	49.2%	100.0%
FY 1999-2000			
JOINDER	162	137	299
%	54.2%	45.8%	100.0%
FY 1998-1999			
JOINDER	156	160	316
%	49.4%	50.6%	100.0%
FY 1997-1998			
JOINDER	179	160	339
%	52.8%	47.2%	100.0%
FY 1996-1997			
JOINDER	180	165	345
%	52.2%	47.8%	100.0%

TABLE II: CONTACT HOURS OF SERVICE

The core teams delivered a total of 7,705 hours of service during the fiscal year, of which 4,410 (57.2%) were delivered to residents of BSU I and 3,295 to residents of BSU II.

Medical services generated 5,189 (67.3%) of the contact hours, while behavioral services accounted for 2,516 hours or (32.7%) of the total contact hours.

TABLE II
FISCAL YEAR 2008-2009
CONTACT HOURS OF SERVICE

FISCAL YEAR	TYPE OF SERVICE		
	MEDICAL	BEHAVIORAL	TOTAL
FY 2008-2009			
JOINDER	5,189	2,516	7,705
%	67.3%	32.7%	100.0%
BSU I	3,324	1,086	4,410
BSU II	1,865	1,430	3,295
Upper Lackawanna	954	846	1,800
Susquehanna	911	584	1,495
FY 2007-2008			
JOINDER	3,929	3,010	6,939
%	56.6%	43.4%	100.0%
FY 2006-2007			
JOINDER	4,029	2,870	6,899
%	58.4%	41.6%	100.0%
FY 2005-2006			
JOINDER	2,506	3,143	5,649
%	44.4%	55.6%	100.0%
FY 2004-2005			
JOINDER	3,119	3,134	6,253
%	49.9%	50.1%	100.0%
FY 2003-2004			
JOINDER	2,903	3,102	6,005
%	48.3%	51.7%	100.0%
FY 2002-2003			
JOINDER	2,675	2,913	5,588
%	47.9%	52.1%	100.0%
FY 2001-2002			
JOINDER	2,597	2,663	5,260
%	49.4%	50.6%	100.0%
FY 2000-2001			
JOINDER	2,125	2,140	4,265
%	49.8%	50.2%	100.0%
FY 1999-2000			
JOINDER	1,983	1,890	3,873
%	51.2%	48.8%	100.0%
FY 1998-1999			
JOINDER	1,686	1,846	3,532
%	47.7%	52.3%	100.0%
FY 1997-1998			
JOINDER	1,202	2,119	3,321
%	36.2%	63.8%	100.0%
FY 1996-1997			
JOINDER	1,217	2,392	3,609
%	33.7%	66.3%	100.0%

TABLE III: HISTORICAL DATA

Table III displays the number of persons served and the type of service received since fiscal year 1987-1988 when the present data collection was initiated. Except for fiscal year 1990-91 when medical services were not provided, there has been only a slight variation from year to year in the total number of persons served, and their distribution by type of service. Again, excluding fiscal year 1990-91, the total served between fiscal year 1987-88 and fiscal year 2008-2009 ranged from a low of 299 to a high of 430 persons.

TABLE III: CORE TEAM - HISTORICAL DATA

FISCAL YEAR	TOTAL	TOTAL	MEDICAL SERVICES		BEHAVIORAL SERVICES	
	PERSONS	HOURS	PERSONS	HOURS	PERSONS	HOURS
1987-88	334	3,941	170	1,989	164	1,952
1988-89	365	4,354	183	1,906	182	2,448
1989-90	368	4,840	185	1,900	183	2,940
1990-91*	273	3,995	93*	1,206	180	2,789
1991-92	345	3,767	164	1,437	181	2,330
1992-93	335	3,352	163	1,161	172	2,191
1993-94	318	3,634	162	1,115	159	2,519
1994-95	334	3,799	164	1,296	170	2,503
1995-96	341	3,505	167	1,245	174	2,260
1996-97	345	3,609	180	1,217	165	2,392
1997-98	339	3,321	179	1,202	160	2,119
1998-99	316	3,532	156	1,686	160	1,846
1999-2000	299	3,873	162	1,983	137	1,890
2000-2001	331	4,265	168	2,125	163	2,140
2001-2002	410	5,260	234	2,597	176	2,663
2002-2003	430	5,588	254	2,675	176	2,913
2003-2004	359	6,005	181	2,903	178	3,102
2004-2005	404	6,253	231	3,119	173	3,134
2005-2006	**328	5,649	174	2,506	154	3,143
2006-2007	352	6,899	177	4,029	175	2,870
2007-2008	391	6,939	225	3,929	166	3,010
***2008-2009	385	7,705	237	5,189	148	2,516

*During FY 1990-91, there were no medical service hours generated in BSU II.

** Decreases in fiscal year 2005-2006 due to the dissolution of Wayne County from the Lackawanna-Susquehanna County Joinder Program.

*** Behavioral services data was unavailable for the month of June due to change in service providers.

TABLE IV: MEAN HOURS OF CONTACT ANNUALLY

Table IV displays the same data as it relates to mean hours of service provided annually to all core team consumers and the mean hours of service provided.

TABLE IV
MEAN HOURS OF CONTACT ANNUALLY

FISCAL YEAR	BOTH SERVICES MEAN HOURS ANNUALLY	MEDICAL MEAN HOURS	BEHAVIORAL MEAN HOURS
1987-88	11.8	11.7	11.9
1988-89	11.9	10.4	13.4
1989-90	13.1	10.3	16.1
1990-91*	14.6	13	15.5
1991-92	10.9	8.8	12.9
1992-93	10	7.1	12.7
1993-94	11.4	7.7	14.5
1994-95	11.4	7.9	14.7
1995-96	10.3	7.5	12.9
1996-97	10.5	6.8	14.5
1997-98	9.8	6.7	13.2
1998-99	11.2	10.8	11.5
1999-2000	13	12.2	13.8
2000-2001	12.9	12.6	13.1
2001-2002	12.8	11.1	15.1
2002-2003	13.0	10.5	16.6
2003-2004	16.7	16.0	17.4
2004-2005	15.5	13.3	18.1
2005-2006	17.2	14.4	20.4
2006-2007	19.6	22.8	16.4
2007-2008	17.7	17.4	18.1
2008-2009	20.0	21.9	17

*During FY 1990-91 there were no medical service consumers or service hours generated in BSU II.