

**LACKAWANNA-SUSQUEHANNA COUNTY
MENTAL HEALTH/MENTAL RETARDATION PROGRAM**

CORE TEAM

**Core Team Report
FY 2007-2008**

**Presented to the
Advisory Board of the Lackawanna-Susquehanna County
Mental Health/Mental Retardation Program**

August 2008

LACKAWANNA-SUSQUEHANNA COUNTY
MENTAL HEALTH/MENTAL RETARDATION PROGRAM

CORE TEAM

DESCRIPTION OF SERVICES

The Core Team is a supportive service, which is provided by the two (2) Base Service Units, Scranton Counseling Center and Tri-County Human Services Center, Inc. for behavioral supports. The medical supports are provided by the Health Care Quality Unit (HCQU).

The behavioral support is a service for individuals who need assistance in interacting productively in the physical and social environments in which they are involved. An individual's behavior is the expression of their hopes, dreams, fears, anxieties, and priorities. It may be influenced by their knowledge and experiences, and mental and physical illnesses. It may be challenging when it does not conform to generally accepted social conduct.

The behavioral support service includes functional assessment for supporting individuals in the environments in which they interact and training/assisting individuals, staff, and significant others in implementing the strategies.

The medical support is a service which is used primarily as a resource to providers of residential mental retardation services. The focus of this resource is on the monitoring of health status and health promotion of the individuals being served. This includes ensuring that annual medical exams are conducted, reviewing medication logs, and participating in the individual's annual planning meetings. In addition, medical support serves as a resource to locate physicians, facilitate any necessary additional medical supports, facilitate transitions back to the individual's residential site following hospitalizations, and provide training and other resources to care providers.

LACKAWANNA-SUSQUEHANNA
 MENTAL HEALTH/MENTAL RETARDATION PROGRAM
 CORE TEAM REPORTS
 FISCAL YEAR 2007-2008

TABLE I: NUMBER OF PERSONS SERVED

During Fiscal Year 2007-2008, the Core Team provided medical and behavioral services to 391 persons. Those served resided in both Base Service Unit area's of the Joinder; 221 (56.5%) in BSU I and 170 (43.5%) in BSU II.

TABLE I
 FISCAL YEAR 2007-2008
 NUMBER OF PERSONS SERVED

| FISCAL YEAR | TYPE OF SERVICE | | |
|---------------------|-----------------|------------|--------|
| | MEDICAL | BEHAVIORAL | TOTAL |
| FY 2007-2008 | | | |
| JOINDER | 225 | 166 | 391 |
| % | 57.5% | 42.5% | 100.0% |
| BSU I | 118 | 103 | 221 |
| BSU II | 107 | 63 | 170 |
| Upper Lackawanna | 78 | 40 | 118 |
| Susquehanna | 29 | 23 | 52 |
| FY 2006-2007 | | | |
| JOINDER | 177 | 175 | 352 |
| % | 53% | 47% | 100.0% |
| FY 2005-2006 | | | |
| JOINDER | 174 | 154 | 328 |
| % | 53.0% | 47.0% | 100.0% |
| FY 2004-2005 | | | |
| JOINDER | 231 | 173 | 404 |
| % | 57.2% | 42.8% | 100.0% |
| FY 2003-2004 | | | |
| JOINDER | 181 | 178 | 359 |
| % | 50.4% | 49.6% | 100.0% |
| FY 2002-2003 | | | |
| JOINDER | 254 | 176 | 430 |
| % | 59.1% | 40.9% | 100.0% |
| FY 2001-2002 | | | |
| JOINDER | 234 | 176 | 410 |
| % | 57.1% | 42.9% | 100.0% |
| FY 2000-2001 | | | |
| JOINDER | 168 | 163 | 331 |
| % | 50.8% | 49.2% | 100.0% |
| FY 1999-2000 | | | |
| JOINDER | 162 | 137 | 299 |
| % | 54.2% | 45.8% | 100.0% |
| FY 1998-1999 | | | |
| JOINDER | 156 | 160 | 316 |
| % | 49.4% | 50.6% | 100.0% |
| FY 1997-1998 | | | |
| JOINDER | 179 | 160 | 339 |
| % | 52.8% | 47.2% | 100.0% |
| FY 1996-1997 | | | |
| JOINDER | 180 | 165 | 345 |
| % | 52.2% | 47.8% | 100.0% |
| FY 1995-1996 | | | |
| JOINDER | 167 | 174 | 341 |
| % | 49.0% | 51.0% | 100.0% |

The core teams delivered a total of 6,939 hours of service during the fiscal year, of which 3,942 (56.8%) were delivered to residents of BSU I and 2,997 to residents of BSU II.

Medical services generated 3,929 (56.6%) of the contact hours, while behavioral services accounted for 3,010 hours or (43.4%) of the total contact hours.

TABLE II
FISCAL YEAR 2007-2008
CONTACT HOURS OF SERVICE

| FISCAL YEAR | TYPE OF SERVICE | | |
|------------------|-----------------|------------|--------|
| | MEDICAL | BEHAVIORAL | TOTAL |
| FY 2007-2008 | | | |
| JOINDER | 3,929 | 3,010 | 6,939 |
| % | 56.6% | 43.4% | 100.0% |
| BSU I | 2,155 | 1,787 | 3,942 |
| BSU II | 1,774 | 1,223 | 2,997 |
| Upper Lackawanna | 1005 | 773 | 1,778 |
| Susquehanna | 739 | 450 | 1,189 |
| FY 2006-2007 | | | |
| JOINDER | 4,029 | 2,870 | 6,899 |
| % | 58.4% | 41.6% | 100.0% |
| FY 2005-2006 | | | |
| JOINDER | 2,506 | 3,143 | 5,649 |
| % | 44.4% | 55.6% | 100.0% |
| FY 2004-2005 | | | |
| JOINDER | 3,119 | 3,134 | 6,253 |
| % | 49.9% | 50.1% | 100.0% |
| FY 2003-2004 | | | |
| JOINDER | 2,903 | 3,102 | 6,005 |
| % | 48.3% | 51.7% | 100.0% |
| FY 2002-2003 | | | |
| JOINDER | 2,675 | 2,913 | 5,588 |
| % | 47.9% | 52.1% | 100.0% |
| FY 2001-2002 | | | |
| JOINDER | 2,597 | 2,663 | 5,260 |
| % | 49.4% | 50.6% | 100.0% |
| FY 2000-2001 | | | |
| JOINDER | 2,125 | 2,140 | 4,265 |
| % | 49.8% | 50.2% | 100.0% |
| FY 1999-2000 | | | |
| JOINDER | 1,983 | 1,890 | 3,873 |
| % | 51.2% | 48.8% | 100.0% |
| FY 1998-1999 | | | |
| JOINDER | 1,686 | 1,846 | 3,532 |
| % | 47.7% | 52.3% | 100.0% |
| FY 1997-1998 | | | |
| JOINDER | 1,202 | 2,119 | 3,321 |
| % | 36.2% | 63.8% | 100.0% |
| FY 1996-1997 | | | |
| JOINDER | 1,217 | 2,392 | 3,609 |
| % | 33.7% | 66.3% | 100.0% |
| FY 1995-1996 | | | |
| JOINDER | 1,245 | 2,260 | 3,505 |
| % | 35.5% | 64.5% | 100.0% |

TABLE III: HISTORICAL DATA

Table III displays the number of persons served and the type of service received since fiscal year 1987-1988 when the present data collection was initiated. Except for fiscal year 1990-91 when medical services were not provided, there has been only a slight variation from year to year in the total number of persons served, and their distribution by type of service. Again, excluding fiscal year 1990-91, the total served between fiscal year 1987-88 and fiscal year 2007-2008 ranged from a low of 299 to a high of 430 persons.

TABLE III: CORE TEAM - HISTORICAL DATA

| FISCAL YEAR | TOTAL | TOTAL | MEDICAL SERVICES | | BEHAVIORAL SERVICES | |
|-------------|---------|-------|------------------|-------|---------------------|-------|
| | PERSONS | HOURS | PERSONS | HOURS | PERSONS | HOURS |
| 1987-88 | 334 | 3,941 | 170 | 1,989 | 164 | 1,952 |
| 1988-89 | 365 | 4,354 | 183 | 1,906 | 182 | 2,448 |
| 1989-90 | 368 | 4,840 | 185 | 1,900 | 183 | 2,940 |
| 1990-91* | 273 | 3,995 | 93* | 1,206 | 180 | 2,789 |
| 1991-92 | 345 | 3,767 | 164 | 1,437 | 181 | 2,330 |
| 1992-93 | 335 | 3,352 | 163 | 1,161 | 172 | 2,191 |
| 1993-94 | 318 | 3,634 | 162 | 1,115 | 159 | 2,519 |
| 1994-95 | 334 | 3,799 | 164 | 1,296 | 170 | 2,503 |
| 1995-96 | 341 | 3,505 | 167 | 1,245 | 174 | 2,260 |
| 1996-97 | 345 | 3,609 | 180 | 1,217 | 165 | 2,392 |
| 1997-98 | 339 | 3,321 | 179 | 1,202 | 160 | 2,119 |
| 1998-99 | 316 | 3,532 | 156 | 1,686 | 160 | 1,846 |
| 1999-2000 | 299 | 3,873 | 162 | 1,983 | 137 | 1,890 |
| 2000-2001 | 331 | 4,265 | 168 | 2,125 | 163 | 2,140 |
| 2001-2002 | 410 | 5,260 | 234 | 2,597 | 176 | 2,663 |
| 2002-2003 | 430 | 5,588 | 254 | 2,675 | 176 | 2,913 |
| 2003-2004 | 359 | 6,005 | 181 | 2,903 | 178 | 3,102 |
| 2004-2005 | 404 | 6,253 | 231 | 3,119 | 173 | 3,134 |
| 2005-2006 | **328 | 5,649 | 174 | 2,506 | 154 | 3,143 |
| 2006-2007 | 352 | 6,899 | 177 | 4,029 | 175 | 2,870 |
| 2007-2008 | 391 | 6,939 | 225 | 3,929 | 166 | 3,010 |

*During FY 1990-91, there were no medical service hours generated in BSU II.

** Decreases in fiscal year 2005-2006 due to the dissolution of Wayne County from the Lackawanna-Susquehanna County Joinder Program.

TABLE IV: MEAN HOURS OF CONTACT ANNUALLY

Table IV displays the same data as it relates to mean hours of service provided annually to all core team consumers and the mean hours of service provided.

**TABLE IV
MEAN HOURS OF CONTACT ANNUALLY**

| FISCAL YEAR | BOTH SERVICES MEAN HOURS ANNUALLY | MEDICAL MEAN HOURS | BEHAVIORAL MEAN HOURS |
|-------------|--------------------------------------|--------------------|--------------------------|
| 1987-88 | 11.8 | 11.7 | 11.9 |
| 1988-89 | 11.9 | 10.4 | 13.4 |
| 1989-90 | 13.1 | 10.3 | 16.1 |
| 1990-91* | 14.6 | 13 | 15.5 |
| 1991-92 | 10.9 | 8.8 | 12.9 |
| 1992-93 | 10 | 7.1 | 12.7 |
| 1993-94 | 11.4 | 7.7 | 14.5 |
| 1994-95 | 11.4 | 7.9 | 14.7 |
| 1995-96 | 10.3 | 7.5 | 12.9 |
| 1996-97 | 10.5 | 6.8 | 14.5 |
| 1997-98 | 9.8 | 6.7 | 13.2 |
| 1998-99 | 11.2 | 10.8 | 11.5 |
| 1999-2000 | 13 | 12.2 | 13.8 |
| 2000-2001 | 12.9 | 12.6 | 13.1 |
| 2001-2002 | 12.8 | 11.1 | 15.1 |
| 2002-2003 | 13.0 | 10.5 | 16.6 |
| 2003-2004 | 16.7 | 16.0 | 17.4 |
| 2004-2005 | 15.5 | 13.3 | 18.1 |
| 2005-2006 | 17.2 | 14.4 | 20.4 |
| 2006-2007 | 19.6 | 22.8 | 16.4 |
| 2007-2008 | 17.7 | 17.4 | 18.1 |

*During FY 1990-91 there were no medical service consumers or service hours generated in BSU II.